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### **General Disclaimer**

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Nothing on our website is intended to be a substitute for professional advice of a physician, naturopathic physician, nurse practitioner, physician's assistant, therapist, counselor, mental health practitioner, licensed dietitian, other licensed or registered healthcare professional, accountant, lawyer, financial advisor, or any other expert.

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Nothing on our Website or in our Services is intended to be a substitute for consultation, diagnosis, treatment, or other medical advice from a licensed medical or healthcare professional, nor is it designed to provide you with a medical diagnosis, treatment, or other medical services. You are encouraged to consult with a medical or healthcare professional regarding your specific situation before using any information on our website or in our Services. We assume that anyone choosing to implement any information on our Website or in our Services has obtained prior clearance from a licensed medical or healthcare professional who has determined that the information on our Website or in our Services is appropriate and useful for them. Whether or not you choose to consult with a licensed medical or healthcare professional before using information on our Website or in our Services, you assume all risk for any and all results.

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If you have or suspect that you have a medical or healthcare issue, promptly contact a licensed medical or healthcare professional.

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You acknowledge and agree that you should never disregard any mental health advice, stop taking medications, stop any treatments, or delay seeking professional mental health advice because of information you have read on our Website or received from us.

You acknowledge and agree that you should not use the information contained on our Website or in our Services as a tool for self-diagnosis.

If you have or suspect that you have a mental health issue, promptly contact a licensed medical or healthcare professional.

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